### **BOWEL CARE PATHWAY**



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#### PATIENT NAME:

Faecal Incontinence is a clinical syndrome characterised by unexpected small or large leaks, use the bathroom very frequently, have difficulty clearing your bowel, or feel you are unable to completely empty your bowel.

This Care Pathway will help you understand your treatment options available, and track the management plan for your bowel problems.

**EVALUATION & DIAGNOSIS DIETARY MEDICATIONS MODIFICATION** (e.g. Loperamide or Questran) weeks (e.g. Fibre Supplements) **PELVIC FLOOR BIOFEEDBACK EXERCISES** (8weeks) Follow-up **Appointments** 1. ..... **RE-EVALUATION** SACRAL **ANAL OTHER NEUROMODULATION INJECTABLE SPHINCTER TREATMENTS BULKABLE AGENTS** (Depending on Cause) (can help bladder **REPAIR** (eg. Colostomy, ACE) leakage) **NOTES** 

**ADVANCED THERAPIES** 

# **BOWEL SYMPTOM DIARY**



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PATIENT NAME:	
☐ BASELINE ☐ EVALUATION	
START DATE:	
CURRENT THERAPY:	

Day	Number Bowel Movements	Stool Consistency Solid Mushy Liquid	Number of Leaks	Leak 1-3 1 slight 2 moderate 3 heavy	Number of Pad Changes	Urgency Score 0-4 (4 is high)	Did your faceal Incontinence limit you daily activities Yes/No
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
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21							